UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 9, 2024

Pennsylvania

Title of each class

Common Stock, par value \$0.01 per share

OMEGA FLEX, INC.

(Exact name of registrant as specified in charter)

23-1948942

Name of each exchange on which registered

NASDAQ Global Market

000-51372

(State or other	(Commission	(I.R.S. Employer
jurisdiction of incorporation)	File Number)	Identification No.)
	454 C W	
	451 Creamery Way	
	Exton, Pennsylvania 19341 (Address of Principal Executive Offices)	
	(Address of Finicipal Executive Offices)	
Registrant's telephone numb	ber, including area code: 610-524-7272	2
	Not applicable	
(Fo	rmer name or former address, if changed since last re	eport.)
	ow if the Form 8-K filing is intended to simuler any of the following provisions (see Gener	
[] Written communications	pursuant to Rule 425 under the Securiti	ies Act (17 CFR 230.425)
[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
[] Pre-commencement com (17 CFR 240.14d-2(b))	munications pursuant to Rule 14d-2(b)	under the Exchange Act
[] Pre-commencement com (17 CFR 240.13e-4(c))	munications pursuant to Rule 13e-4(c)	under the Exchange Act

Trading

Symbol(s)

OFLX

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 ($\S230.405$ of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 ($\S240.12b-2$ of this chapter). Emerging growth company \square

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

<u>Item 5.02.</u> <u>Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.</u>

On April 9, 2024, on the recommendation of the Nominating/Governance Committee, effective immediately, the Board of Directors of Omega Flex, Inc. (the "Company") unanimously elected Stephen M. Shea as a Class 2 Director of the Company, with a term expiring at the 2025 annual meeting of shareholders. There is no agreement or understanding between Mr. Shea and any other person pursuant to which they were elected as directors. Mr. Shea will serve on the Audit committee.

Mr. Shea, age 67, has served as Chief Financial Officer of Mestek, Inc., the Company's former parent corporation, since 1990, and as Executive Vice President of Mestek, Inc. since 2009. He served as Mestek, Inc.'s principal financial and accounting officer prior to its going private transaction in 2006 and has over 30 years' experience in the HVAC manufacturing industry. Previously, Mr. Shea was a Certified Public Accountant with the Hartford, Connecticut accounting firm of Spitz, Sullivan, Wachtel & Falcetta. He has a Master's Degree in Taxation from the University of Hartford.

Item 9.01. Financial Statement and Exhibits

(d) Exhibits:

Exhibit	
Number	Description
99.1	Press Release dated April 9, 2024
104	Cover Page Interactive Data File (embedded within the Inline XBRL document).

SIGNATURES

Pursuant to the requirements of the Exchange Act, the registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

OMEGA FLEX, INC.

Date: April 9, 2024 By: /s/ Dean W. Rivest

Dean W. Rivest Chief Executive Officer

OMEGA FLEX, INC.

Manufacturer of flexible metal hose and gas piping products

Exton, Pennsylvania April 9, 2024 Contact: Dean W. Rivest (610) 524-7272

PRESS RELEASE

Omega Flex, Inc. Announces New Director Elected to the Board

Omega Flex, Inc. (the "Company") today announces that that our board of directors elected Stephen M. Shea as a director. Mr. Shea has been designated as a Class 2 director, and he will have a term expiring at the 2025 annual shareholder meeting. He will serve on our Audit committee.

Mr. Shea is currently the Executive Vice President and Chief Financial Officer of Mestek, Inc., the Company's former parent corporation. He served as Mestek, Inc.'s principal financial and accounting officer prior to its going private transaction in 2006 and has over 30 years' experience in the HVAC manufacturing industry. Mr. Shea was formerly a Certified Public Accountant with the Hartford, Connecticut accounting firm of Spitz, Sullivan, Wachtel & Falcetta, and he has a Master's Degree in Taxation from the University of Hartford.